



Chamonix Mont-Blanc - Half day

AVALANCHE RESCUE BASICS TRAINING



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A half-day workshop to learn the basics of avalanche victim research.

For you and your mountain buddies, learn how to respond in case of an avalanche!

Highlights

- A private session to learn at your own pace
- A certified instructor approved by ANENA (National Association for Snow and Avalanche Studies)
- Perfect for skiers and snowshoe hikers



FULL DESCRIPTION

A half-day training session to learn the basics of avalanche victim search and rescue.

You'll head out with your instructor to the top of the Index chairlift at La Flégère. (Skis aren't required, but feel free to bring them if you plan to ski at La Flégère after the session.)

From there, you'll learn how to handle a search and rescue situation on your own in case of an avalanche.

By the end of the session, you'll have the skills and knowledge to:

- Carry and set up your gear efficiently
- Take part in the group's transceiver test (send/receive)
- Use the basic functions of your avalanche transceiver
- Follow the basic steps to handle an avalanche accident
- Alert professional rescue teams
- Search for and locate a buried victim in a simple scenario
- Dig out a buried victim using a specific technique.

KEYS INFORMATIONS

To bring:

- Avalanche transceiver (with batteries), shovel, probe
- Backpack
- Water
- Hiking or ski boots
- Warm clothing (gloves, hat, down jacket, fleece, windproof jacket, pants, warm socks)
- Sunglasses (a must!)
- Sunscreen

Required level

For everyone

Price

- €240 for 1 to 4 people + €25 per additional person.
- Private groups: Up to 8 people max.

Included

- Training provided by a professional.
- Not included
- Transport from Chamonix to the Flégère parking lot (carpooling available and free for up to 4 people).
- Avalanche safety gear (beacon, shovel, probe) – rental possible.
- Ski lift pass.